



FEATURES:

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Sharing your journey to work can help you to save money and help to reduce parking congestion at your work place.

Journey sharing is not just car sharing – but includes walking, cycling, and public transport journeys made with a travelling companion. CarShare2Cardiff is Cardiff Council's bilingual Journey Share Scheme. The scheme provides its members with a simple way to find a journey companion. Journey Sharing is something that nearly everyone can do at least once a week.

Welcome to the Spring newsletter For CarShare2Cardiff.com

It can help to save you money and improve your fitness if you use active transport such as walking and cycling.

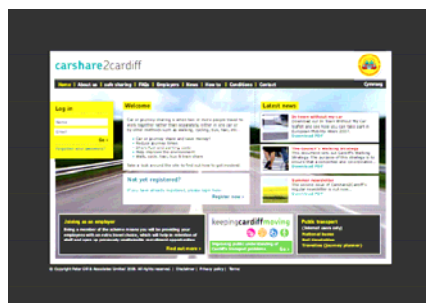
New Look Site

The new look site is undergoing some final adjustment before it is launched during June. The site will continue to be bilingual but will also offer a number of additional features

– the sustainable transport charity to find out the real costs of motoring.

The spreadsheet is easy to use. Just enter the figures and the calculation appears at the base of the sheet.

You can find the spreadsheet (see illustration below) at: www.carplus.org.uk/excel/Add up your travel costs.xls.



How much is your car costing you?

Many of us own our cars without realising exactly how much they cost us to run and maintain per mile. You might like to use the spreadsheet produced by CarPlus

ADD UP YOUR CAR COSTS			
Fill in the values to find out how much your car (or motorbike) really costs you			
NET	enter data	Amount	Formula/Units
	calculator	value	(if optional)
Purchase Costs			
1	Cost of car		
2	I could sell my car for		for used car prices see www.parkers.co.uk
3	I have owned my car for		months
Running Costs			
4	I borrowed		months
5	Length of loan		
6	Monthly repayment		
7	Total loan cost including interest	£0.00	(5)-(6)
8	Total interest paid	£0.00	(7)-(5)
9	Interest paid each month	£0.00	(8)-(1)
Finance Options			
a. I bought my car without borrowing any money			
10	Each month my car is worth less	£0.00	(1)-(2)/(3)
11	My annual purchase costs	£0.00	(10)*12
But there also had to be the money I spent on the car			
b. I am still making loan repayments			
12	Each month my car is worth less	£0.00	(1)-(2)/(3)
13	My monthly interest is	£0.00	(9)/12
14	My annual purchase costs	£0.00	(13)+(12)*12
15	I bought my car with a loan which is now repaid		
16	Each month my car is worth less	£0.00	(1)-(2)/(3)
17	My annual purchase costs	£0.00	(16)*12
Annual Fixed Costs			
I pay these every year no matter how little I drive:			
18	Car tax: depends on fuel used & carbon emissions		
19	Breakdown membership		
20	MOT test fee (excluding repairs needed to pass)		
21	Change costs (e.g. petrol/diesel tax)		
22	Parking permit costs (home and/or work)		
		£0.00	(17)+(18)+(19)+(20)+(21)+(22)
Running Costs			
Every time I drive I spend money:			
24	Miles per year that car is driven	1	miles
25	Miles per gallon of fuel on average	12.5	mpg
26	Miles per litre of fuel on average	10.0	litres
27	Litres of fuel purchased per year	100	litres
28	Price paid for fuel	1.00	pence per litre
29	Total cost of fuel	£100.00	(27)*(28)/100
30	Estimate of 12 month's parts, servicing costs, repairs etc		
31	Estimate of 12 month's parking, tolls, and car washes		
32	Driving fines (parking, speeding etc)		
		£0.00	(29)+(30)+(31)+(32)
Total Annual Costs			
33	Total purchase costs (p)	£0.00	(11)+(14)+(17)
34	Total fixed costs (p)	£0.00	(20)
35	Total running costs (p)	£100.00	(23)+(26)
36	Total annual costs (p)	£100.00	(33)+(34)+(35)
Other Totals			
37	Total annual cost of car	£0.00	(36)/(32)
38	Total monthly cost of car	£0.00	(36)/(12)
39	Total car costs per mile driven	£0.00	(36)/(24)

UWIC News

UWIC has a new Travel Planning Assistant.



Menna Hawkins will be dedicated to dealing with travel issues and the Colchester Avenue campus closure, which is great news for UWIC's Travel Plan programme.



UWIC's car share scheme now has 41 groups and 187 members and the target is to try and double this number over the next year. This means extra activity for all communication outlets which include media screens, email, noticeboards, mail shots and many other methods.

It has been agreed that the number of car share spaces will be allocated according to the number of sharers. It is hoped that at least half the front car park at Llandaff will be dedicated to sharers by the end of next year.

UWIC will launch the government's cycle to work

scheme in May, with the collection date for cycles in June. Following a high level of interest from staff, the launch will be enhanced by Bike Week participation. Staff who cycle to work this week will be able to have a free cooked breakfast from the 14th June 2008 for a week.

The inter-campus dual fuel car is now seeing regular use, and UWIC is in the process of replacing one of their minibuses with a more environmentally friendly people mover.

WMC



Cardiff Council is pleased to welcome the Wales Millennium Centre, its employees and the employees of its resident organisations to CarShare2Cardiff. WMC is the home of 7 cultural organisations. These include Academi, Diversions, Hijinx Theatre, Touch Trust, Ty Cerdd, Urdd Gobaith Cymru and the Welsh National Opera.

You can find out more about the WMC and its organisations by following www.wmc.org.uk.

EAW News



Environment Agency Wales is currently investigating improvements for access to their St Mellon's Offices and are hoping to build a shower room for active travellers to the site.

Cardiff Council News



A new Park and Ride facility at Llanrumney has been granted planning consent for construction on the eastern side of the city. The Park and Ride, which will provide 1088 spaces, will be supported by buses which will use dedicated bus lanes.

The Council is exploring options for the site to be used for park and share. Cycle and ride as well as for Park and Ride.

The Park and Ride scheme will also help towards the goal of reducing greenhouse gas emissions within the city and increasing the sustainable transport network.

The scheme is due to be completed and fully open to the public in 2009.

Get Ready for Spring

If you are expecting to dust off your bike soon and get back in the saddle it may be worth your time undertaking a refresher course.

Cardiff Road Safety Centre offers classes for adults and children.

Holiday classes teaching young people how to cycle safely run from 10am until 12 noon from July 21st to 25th, July 28th to August 1st and August 4th to the 8th. Adults can book onto one of the one-day courses which are aimed at developing more cycling skills, including roadcraft and practical riding and maintenance skills.

An afternoon session on the Taff Trail is part of the course. These classes are ideal for those who have not ridden for some time but are keen to commute by bike or to cycle with their children.

Find out more about these courses by contacting the Road Safety Centre (details on the last page of this newsletter).

Changing Travel Modes – Share a taxi:

If walking, cycling and public transport are not for you, an alternative would be to find a regular travelling companion to share a taxi journey. You may not have a car, a licence or may live in an area where public transport is not great. Alternatively you might just not want to drive to work!

Remember that the journey share scheme also allows matches to be made for taxi journeys. Just remember to tick the right box in your preferences menu.

Try the bus or train:

Public Transport can offer a great way to get to work for lots of people. Every trip made by these modes offers a walking element, and, if you have a folding bike you can simply carry it on-board like a piece of luggage. No need to book ahead – even at peak

times. You can find out more about public transport journeys by contacting operators direct or by finding out where the best services for you are by visiting: www.travelinecymru.org.uk

Do the Annual Journey Share Survey!

Every spring the Journey Share Administrator sends out a short survey to try to find out the ways and reasons our members have for travelling. We also need to find out if you think we need to make any improvements to the Journey Share site and to the facilities it offers you.


It will help us if you can complete this survey which you can access by following: www.carshare2cardiff.com/travelsurvey or by printing off a copy and sending it to us in the post to: Transport Policy Team, Room 301, County Hall, Cardiff CF10 4UW.

I am also interested in finding travel companions for...


- walking
- cycling
- bus or train
- sharing a taxi

Just tick the box that matches the mode you want to share!

Live less than 2 miles from work?




Why not walk with a colleague?



Not just for Car Sharers!

Find out more or register to Car Share at,
www.carshare2cardiff.com
 or via the link on the Intranet Information page.



Meet a Walk2Work companion through the Journey Share Scheme...

Remember, just 30 minutes of brisk walking five days a week is all you need to help set you on your way to achieving a healthier lifestyle. The 30 minutes can even be split up into smaller chunks, with 3 x 10 minute sessions or 2 x 15 minute sessions – which can be just as effective.

(www.ww2h.org.uk)

Why not park a ten minute walk from work and have a ten minute walk during your lunch hour?

'...walks (brisk or not) can have a health impact on individuals by providing an opportunity to socialise (good social networks enhance health) and a distraction from everyday stresses (stress contributes to poor health).'

www.whi.org.uk

Useful Information:

Road Safety Information: www.roadsafety.cardiff.gov.uk

Travel Companies Direct:

Cardiff Bus: www.cardiffbus.com

Arriva Trains: www.arrivatrainswales.co.uk

National Rail Network: www.nationalrail.co.uk (tel. 08457 48 49 50)

Planning for Travel:

Traveline Cymru: www.traveline-cymru.org.uk

Other Sources:

BBC Travel Links: www.bbc.co.uk/wales/southeast/travel

Information about writing Travel Plans:

Web: www.cardiff.gov.uk/travelplans - e-mail: travelplans@cardiff.gov.uk

Information about the Council's Transport Strategy:
www.keepingcardiffmoving.co.uk