



NEWSLETTER

Cardiff Council : Tel (029) 2087 2000

Issue 4

Winter 2008

SPECIAL FEATURES:

- *Make a small change to your daily travel*
- *Member Features*
- *Changing Travel Modes – Cycling and Walking*
- *New Look Site*

WELCOME TO THE WINTER NEWSLETTER FOR CARSHARE2CARDIFF.COM

CarShare2Cardiff is a fully bi-lingual Journey Share Scheme that provides its members with an easy and secure way to find a journey companion.

Journey Sharing is something that nearly everyone can do at least once a week. It can help to save you money and can improve your fitness if you use active transport. The scheme has been running since 2004 and has steadily increased its size, which means a better chance of finding a match!

We now have over 700 members and 150 active sharing groups.

New Journey Share Poster

Look out for the new poster for Journey

Sharing. Can you help to increase the size of your organisation's car share group?

Make the change once a week!

Cardiff Council encourages its own employees, and people working for city centre businesses to travel sustainably - even just once a week can help! The Council's Travel Plan Officer regularly visits organisations to promote Travel Planning and introduce the concept of Journey Sharing as a way of helping to cut congestion and improve the local environment. Cardiff has over 70,000 vehicles commuting into the County every day, and a huge

number of these contain just one person. You can do your bit by encouraging colleagues and fellow students to sign up to the scheme. Remember, you can opt to share with people from your own organisation, or with members from other organisations on CarShare2Cardiff. Just tick the box in your personal preference menu.

This carries at least 4 passengers...



No problems parking at work either!
Why not share a taxi to work?



Not just for Car Sharers!

Find out more or register to Car Share at,
www.carshare2cardiff.com
or via the link on the Intranet information page.



You may even find that, as winter changes to spring, a car share companion becomes a cycling or walking companion - the perfect way to get fit for summer!

UWIC News

UWIC's Journey Share scheme is growing rapidly. The student scheme is particularly active and UWIC is encouraging all its students to sign up to the scheme if alternative travel modes are not an option.



UWIC has also recently introduced a pool car, (a Toyota Prius hybrid vehicle) for staff to travel between campuses. This will allow staff to opt to travel to work by more sustainable means and still move between sites easily. This is in addition to the provision of inter-site bus passes for staff and the implementation of a pilot for intercampus conferencing, via pc cameras, to enable meetings to take place remotely, removing the need for inter-campus travel.

EA News



Asiantaeth yr
Amgylchedd Cymru
Environment
Agency Wales

The Environment Agency Wales has recently had a new bike shed facility installed on site and is currently working towards fitting new shower / drying room facilities. These initiatives have been put into action following a recent reduction in car parking spaces on site. This represents a commitment by the Agency to improve facilities for cyclists and walkers, and to encourage people to use active transport modes for travel to work where possible. The Environment Agency is also working hard to encourage more people to Car Share. The success of this initiative is reflected in the fact that every day the Car Sharing spaces are fully occupied! Staff have also been urged to carefully consider meeting locations for active transport and car sharing, respecting impacts on local communities and ensuring their own safety. The organisation also actively promotes teleconferencing as an alternative means of undertaking meetings.



Facilities Officer Gwynne Morgan outside the new EAW bike storage.

Cardiff Council News

Cardiff Council has recently had a second phase of its Active Travel Programme bid approved. This successful bid to the Sports Council for Wales will fund improvements to changing and showering facilities at City Hall. Part of the grant will be spent on providing pool bikes, equipment, activity leaflets and a secure cycle parking area for employees at the site. The funding will also provide a Travel Information Centre for employees and the public to use to plan their travel. This facility reflects the provision at County Hall.

Cardiff Council Travel Centre



The major aims of the scheme are consistent with those at County Hall, to



improve the health and wellbeing of employees and to increase the uptake of active travel modes. The Council hopes to continue the programme to include other key sites as part of the roll out of Travel Plans to all its offices. Grants through the Sports Council for Wales are available to other organisations.

Winter Travel

Winter often brings about a host of additional factors for travel. The days are shorter and travel in the dark, cold and wet can be unpleasant. Remember that CarShare2Cardiff offers members the option, not only of sharing a journey by car, but can help those with problems parking at work to link up to share a taxi



journey, or even catch the bus or train together! Just log onto your personal homepage and tick the option to match journeys by these other modes.

Changing Travel Modes – Cycling to Work



Would you consider cycling to work? It is a practical and feasible form of transport for those who live up to about 4 miles from their workplace, and can contribute to the recommended 30 minutes of exercise per day. If you are thinking about it you may like to consider some refresher training before you set off. For Cardiff residents this can be obtained from the Cardiff Road Safety Centre on North Road (www.roadsafety.cardiff.gov.uk) or call 029 20619907/8) who run adult cyclists courses. Your organisation may also be able to arrange some training sessions for groups at your workplace. The new Highway Code is also a valuable source of up to date information and guidance for cyclists and covers all the new provisions and requirements for cycling. This is available at www.highwaycode.gov.uk.

Don't forget that if you want a cycling companion for your journey you should make sure you reflect this on your preferences.

Walking to Work



Walking can be a pleasant way of getting to work, especially in the summer months. If you live within 2 km (1.25 miles) from work, you could walk to work in about 20 minutes. This could burn up to 200 calories and contribute to improving your overall fitness. Best of all you arrive at work feeling alert and ready for your day. You can sign up to find a walking companion on the Journey Share Scheme – just check your preferences on your home page.

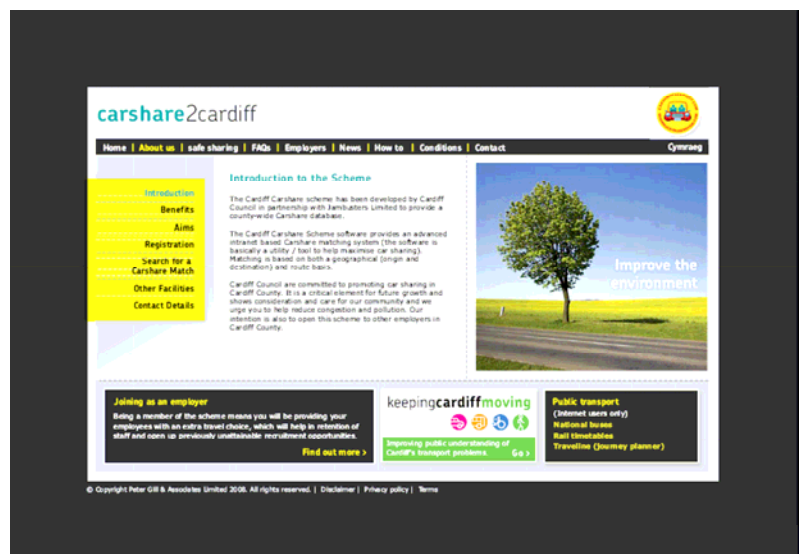
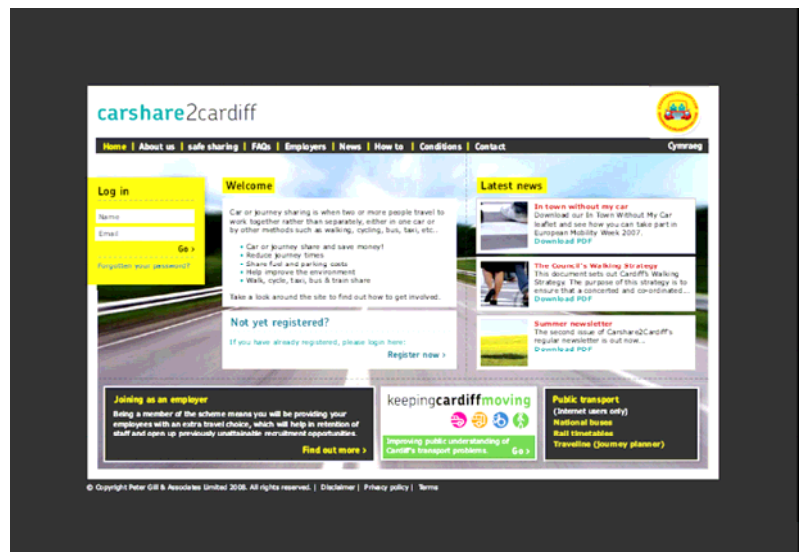


Coming Soon!

New Look Site

CarShare2Cardiff has been matching up journeys for its members since July 2004. To celebrate this the site will be spruced up for Spring. You will have the same facilities on an up to date site which boasts a new design and brighter look.

The site's new design reflects the improvements that are being undertaken on www.keepingcardiffmoving.co.uk, which provides people who live in and visit Cardiff with important information about the Council's Transport Strategy.



USEFUL INFORMATION:

Road Safety Information:

www.roadsafety.cardiff.gov.uk

Travel Companies Direct:

Cardiff Bus: www.cardiffbus.com

Arriva Trains: www.arrivatrainswales.co.uk

National Rail Network: www.nationalrail.co.uk (tel. 08457 48 49 50)

Planning for Travel:

Traveline Cymru: www.traveline-cymru.org.uk (tel. 0871 200 22 33)

Other Sources:

BBC Travel Links:

www.bbc.co.uk/wales/southeast/travel

Information about writing Travel Plans:

Web: www.cardiff.gov.uk/travelplans - e-mail: travelplans@cardiff.gov.uk

Information about the Council's Transport Strategy: www.keepingcardiffmoving.co.uk

